

# Friday 14th November

## 7.00pm to 10.00pm

# Winter Shopping evening at the eKuiLibrium wellbeing studio, foxholes farm, london rd, hertford, sg13

Come along to our studio and take the strain out of some of your festive/winter shopping! Stalls include:

eKuiLibrium personal training— check your BP for free

Claudina-Hand made jewellery & designerwear

Craftifairies—wedding stationery & favours

Foxholes Farm - order your turkey!

Forever Living Products

Hannah Couzens Photography

Hertford Natural Health—winter wellbeing

Herts Air Ambulance appeal

Intrinsic—personal styling by Elaine Hollands

Mini IQ - childrens educational fun books

Phoenix cards & gift wrap

The Sugarsmith—Hertford based cake supplies shop

Virgin Vie—home and beauty

Reflexology - taster treatments by Carol

Manicure - mini manicures by Sue

£2 entry, includes a drink & raffle ticket to win a one hour personal training session - door profits to Herts Air Ambulance appeal

RSVP: Kimberley on 07843 574803

[www.eKuiLibrium.com](http://www.eKuiLibrium.com)

(rsvp appreciated for numbers)

