

We are aware that a few names have gone missing from the results and are investigating this with the race timing company. Our apologies for this. Please email and let us know if you are not listed, thanks (webmaster@ware-joggers.co.uk)

Overall Pos	Cat Pos	Name	Team	RaceNo	Category	Gender	Time	Chip Time
1	1	PAUL ADAMS	ST ALBANS STRIDERS	412	MAII Ages	M	00:56:22	00:56:19
2	2	ANDREW MYNOTT	SAFFRON STRIDERS	233	MAII Ages	M	00:57:53	00:57:50
3	3	WAYNE BELL		408	MAII Ages	M	00:59:07	00:59:05
4	4	GRAHAM RUSH		276	MAII Ages	M	00:59:46	00:59:44
5	5	CRAIG HALSEY	FAIRLANDS VALLEY SPARTANS	449	MAII Ages	M	01:00:13	01:00:09
6	1	DAVE DESBOROUGH	GARDEN CITY RUNNERS	76	MM50+	M	01:01:25	01:01:22
7	6	DARA BRENNAN	ENFIELD AND HARRINGEY	39	MAII Ages	M	01:01:33	01:01:29
8	1	SCOTT AITKEN	TRENT PARK	435	MM40+	M	01:01:51	01:01:47
9	7	ANGUS SMITHSON		307	MAII Ages	M	01:02:11	01:02:07
10	8	SIMON SHAW	TEAM TRISPORTS	292	MAII Ages	M	01:03:06	01:03:01
11	9	MARK BOULTON	EAST LONDON RUNNERS	34	MAII Ages	M	01:03:20	01:03:15
12	2	PETER HARVEY	GARDEN CITY RUNNERS	130	MM40+	M	01:03:33	01:03:28
13	10	STEVEN DAWKINS	WOODFORD GREEN	445	MAII Ages	M	01:03:37	01:03:32
14	3	ROB LOWE	HARLOW RC	461	MM40+	M	01:03:46	01:03:41
15	4	JAMIE JEPHCOTT	HARLOW RC	164	MM40+	M	01:04:42	01:04:36
16	5	SEAN BOWEN	GARDEN CITY RUNNERS	35	MM40+	M	01:04:43	01:04:41
17	2	BRIAN WHITE	TEAM TRISPORTS	331	MM50+	M	01:04:58	01:04:56
18	3	DAVID POMEROY		345	MM50+	M	01:05:34	01:05:32
19	6	ROBERT MAST		210	MM40+	M	01:05:44	01:05:38
20	11	NICK MAYERS		211	MAII Ages	M	01:05:50	01:05:45
21	4	JOHN LYNCH	MORNINGTON CHASERS	203	MM50+	M	01:06:16	01:06:10
22	12	BEN WALSH		423	MAII Ages	M	01:06:33	01:06:27
23	1	ALISON WOOD	FAIRLANDS VALLEY SPARTANS	339	FF45+	F	01:07:51	01:07:45
24	1	FIONA HALLS	SAFFRON STRIDERS	125	FF35+	F	01:08:02	01:07:57
25	13	DARREN BENTLEY		30	MAII Ages	M	01:08:39	01:08:34
26	14	JOSEPH DUNN	ST ALBANS STRIDERS	83	MAII Ages	M	01:09:29	01:09:23
27	15	ROBERT DIXON	DERWENT AC	463	MAII Ages	M	01:09:36	01:09:28
28	7	ALAN ROUTLEDGE	GARDEN CITY RUNNERS	273	MM40+	M	01:09:40	01:09:33
29	8	GRAEME ARMSTRONG	BROXBOURNE RUNNERS	8	MM40+	M	01:09:50	01:09:45
30	16	CHRIS GREENWOOD		122	MAII Ages	M	01:09:54	01:09:47
31	17	BRENDAN CASHMAN	ST ALBANS STRIDERS	47	MAII Ages	M	01:09:55	01:09:48
32	5	PETER FITZPATRICK	HERTS PHOENIX AC	101	MM50+	M	01:09:56	01:09:50
33	1	STUART MANN	HERTS PHOENIX AC	208	MM60+	M	01:09:56	01:09:51
34	2	JO NEWENS		347	FF35+	F	01:09:56	01:09:56
35	9	DAVID COX	THURROCK NOMADS	66	MM40+	M	01:10:29	01:10:21
36	18	STEPHEN NEWING	CODE VALLEY WARRIERS	426	MAII Ages	M	01:10:38	01:10:33
37	19	ARRON ZITVER	WARE JOGGERS	344	MAII Ages	M	01:10:46	01:10:40
38	10	RICHARD SOMERSET	GARDEN CITY RUNNERS	308	MM40+	M	01:10:56	01:10:50
39	20	JOHNATHAN JOHNSON		165	MAII Ages	M	01:11:01	01:10:49
40	1	GEMMA MCKELVEY	DAVID LLOYD	213	FAII Ages	F	01:11:24	01:11:24
41	11	GRANT PIRIE		253	MM40+	M	01:11:33	01:11:33
42	2	RACHAEL LEE	ST ALBANS STRIDERS	189	FAII Ages	F	01:11:50	01:11:39
43	6	TIM KELLY	BISHOP'S STORTFORD RC	172	MM50+	M	01:11:56	01:11:51
44	21	ROBERT CABLE		45	MAII Ages	M	01:11:58	01:11:53
45	12	CHRIS DUNHAM	BISHOP'S STORTFORD RC	82	MM40+	M	01:12:01	01:11:53
46	13	MARK CYL	WARE JOGGERS	69	MM40+	M	01:12:02	01:11:53
47	2	PETER DUKES		81	MM60+	M	01:12:19	01:12:10
48	3	PASQUALE PELLECCIA	HARLOW RC	251	MM60+	M	01:12:24	01:12:19
49	3	DIONNE JONES	HARLOW RC	166	FF35+	F	01:12:45	01:12:37
50	14	TONY O'SULLIVAN	WARE JOGGERS	243	MM40+	M	01:12:53	01:12:44
51	15	JOHN NICHOL	BISHOP'S STORTFORD RC	235	MM40+	M	01:13:02	01:12:54
52	22	JAMIE LUCK	HARLOW RC	416	MAII Ages	M	01:13:11	01:13:01
53	16	MARTIN AIKEN		433	MM40+	M	01:13:11	01:13:00
54	17	IAN RODGERS	BISHOP'S STORTFORD RC	271	MM40+	M	01:13:23	01:13:13
55	2	CELIA FINDLAY	DAVID LLOYD PACERS	99	FF45+	F	01:13:39	01:13:34
56	7	DAVID EDWARDS	GARDEN CITY RUNNERS	86	MM50+	M	01:13:42	01:13:32
57	3	CAMILLA RAY	MORNINGTON CHASERS	264	FAII Ages	F	01:13:54	01:13:48
58	4	GAIL THRELFALL		321	FF35+	F	01:13:59	01:13:48
59	3	JANE NODDER	MORNINGTON CHASERS	237	FF45+	F	01:14:00	01:13:54
60	18	KEITH SAVILL	SAFFRON STRIDERS	284	MM40+	M	01:14:13	01:14:03
61	8	ANDREW MCMILLAN		216	MM50+	M	01:14:15	01:14:03
62	19	BRIAN PAXTON		250	MM40+	M	01:14:17	01:14:17
63	9	DENNIS ADAMS	WARE JOGGERS	431	MM50+	M	01:14:52	01:14:47

Overall Pos	Cat Pos	Name	Team	RaceNo	Category	Gender	Time	Chip Time
64	20	JEREMY BUSS	WALDEN TRI CLUB	421	MM40+	M	01:14:54	01:14:38
65	10	MIKE DAVIES		465	MM50+	M	01:14:55	01:14:55
66	21	MARTIN VAN TOL		322	MM40+	M	01:15:01	01:14:55
67	22	CHRIS DYKE		84	MM40+	M	01:15:06	01:14:58
68	23	TIM SABAN	GARDEN CITY RUNNERS	281	MM40+	M	01:15:16	01:15:05
69	24	ANDY HILLER		144	MM40+	M	01:15:20	01:15:10
70	23	JAMES POWELL	BISHOP'S STORTFORD RC	257	MAIi Ages	M	01:15:22	01:15:14
71	25	COLUM SHARKEY		290	MM40+	M	01:15:26	01:15:18
72	5	NATASHA SCOTT	HAVERHILL RUNNING CLUB	287	FF35+	F	01:15:27	01:15:18
73	1	AVRIL RIDDELL	MORNINGTON CHASERS	268	FF55+	F	01:15:41	01:15:36
74	24	JON MOULDING		227	MAIi Ages	M	01:15:49	01:15:44
75	4	JACKIE MACLANNAN	DAVID LLOYD PACERS	205	FAIi Ages	F	01:16:07	01:16:02
76	11	GRAHAM PUGH	HARLOW RC	262	MM50+	M	01:16:14	01:16:09
77	12	IAN ELLERY	BTF	92	MM50+	M	01:16:16	01:16:08
78	13	GRAHAM STATTER	BISHOP'S STORTFORD RC	309	MM50+	M	01:16:21	01:16:13
79	25	BEN LIVERMORE	NORTH LONDON JOGGERS	427	MAIi Ages	M	01:16:30	01:16:25
80	14	CHRIS BROLLY	BISHOP'S STORTFORD RC	41	MM50+	M	01:16:40	01:16:25
81	26	BENJAMIN HISCUTT		145	MAIi Ages	M	01:16:45	01:16:22
82	26	MATTHEW JONES	HARLOW RC	349	MM40+	M	01:16:50	01:16:50
83	6	CLAIRE RUSSELL	HARLOW RC	277	FF35+	F	01:17:08	01:16:57
84	27	PETE BREWIN	HARLOW RC	40	MAIi Ages	M	01:17:11	01:17:00
		DARREN SMITH		305		M	01:17:12	01:17:12
85	28	MATTHEW HALL		124	MAIi Ages	M	01:17:13	01:17:05
86	15	DARYL GREEN	BISHOP'S STORTFORD RC	119	MM50+	M	01:17:17	01:17:00
87	7	SHARON PARRY	ALLENBURYS	247	FF35+	F	01:17:17	01:17:00
88	16	MARK WILLIAMS	WITHAM RUNNING CLUB	335	MM50+	M	01:17:17	01:17:05
89	4	CAROLYN BELL	DAVID LLOYD	29	FF45+	F	01:17:18	01:17:12
90	27	TREVOR SETTERFIELD	FAIRLANDS VALLEY SPARTANS	289	MM40+	M	01:17:28	01:17:17
91	8	ISSY HOMAN		153	FF35+	F	01:17:35	01:17:20
92	17	ALEX MACFARLANE		204	MM50+	M	01:17:36	01:17:24
93	28	STEPHEN ELLIS		454	MM40+	M	01:17:41	01:17:29
94	29	ARTHUR OLIVA	SAFFRON STRIDERS	432	MM40+	M	01:17:49	01:17:40
95	29	MARC LOWERS	HARLOW RC	198	MAIi Ages	M	01:17:55	01:17:42
96	30	STUART BALLARD	WARE JOGGERS	17	MM40+	M	01:17:57	01:17:44
97	31	ANDREW MOUNTFORD		228	MM40+	M	01:18:07	01:17:52
98	32	PHILIP CHAPLIN	BISHOP'S STORTFORD RC	51	MM40+	M	01:18:09	01:17:49
99	30	RICK HOLE	GARDEN CITY RUNNERS	415	MAIi Ages	M	01:18:12	01:17:53
100	31	ILKO TOMOV		424	MAIi Ages	M	01:18:14	01:17:55
101	32	JAMES DOUGHTY		77	MAIi Ages	M	01:18:26	01:18:05
102	33	JONATHAN BRASSFIELD		38	MAIi Ages	M	01:18:29	01:18:18
103	34	GAVIN BABBAGE		12	MAIi Ages	M	01:18:31	01:18:20
104	18	JOHN WIGENS	HARTHAM COMMONERS	334	MM50+	M	01:18:41	01:18:21
105	33	RUSSELL JACKSON		160	MM40+	M	01:18:46	01:18:31
106	5	REBECCA O'SHEA	GARDEN CITY RUNNERS	468	FAIi Ages	F	01:18:52	01:18:44
107	19	BOB SAELDRICK	WARE JOGGERS	467	MM50+	M	01:18:53	01:18:26
108	20	JOHN DAVIS	GARDEN CITY RUNNERS	72	MM50+	M	01:19:00	01:18:37
109	35	ORVILLE ARCHER	GARDEN CITY RUNNERS	414	MAIi Ages	M	01:19:04	01:18:52
110	5	CAROL REID	GARDEN CITY RUNNERS	265	FF45+	F	01:19:06	01:18:52
111	4	ALAN WILSON	BISHOP'S STORTFORD RC	436	MM60+	M	01:19:11	01:18:54
112	6	LUCY KENNEDY		174	FAIi Ages	F	01:19:15	01:18:58
113	36	DAVID GREAVES		117	MAIi Ages	M	01:19:18	01:19:09
114	7	GEMMA THAKE	SAFFRON STRIDERS	318	FAIi Ages	F	01:19:20	01:19:06
115	21	VINCE HAYWARD	HARLOW RC	134	MM50+	M	01:19:33	01:19:12
116	37	ANDREW ROWLAND		275	MAIi Ages	M	01:19:39	01:19:14
117	34	LLOYD ADAMS		1	MM40+	M	01:19:44	01:19:18
118	35	BRYAN HOLLAND		149	MM40+	M	01:19:44	01:19:21
119	22	RICHARD DERRICK	ST ALBANS STRIDERS	458	MM50+	M	01:19:47	01:19:26
120	36	PERRY GEAR	GARDEN CITY RUNNERS	413	MM40+	M	01:19:50	01:19:31
121	38	PETER BIGGS		31	MAIi Ages	M	01:19:56	01:19:39
122	37	RICHARD HILL		143	MM40+	M	01:20:05	01:19:56
123	6	JAYNE SHEPHERD	BISHOP'S STORTFORD RC	294	FF45+	F	01:20:14	01:20:05
124	23	KEITH ALLEN	ALLENBURYS	6	MM50+	M	01:20:16	01:20:07
125	38	JONATHAN MOYE		229	MM40+	M	01:20:19	01:20:10
126	39	OZZY OSMAN		242	MM40+	M	01:20:28	01:20:22
127	24	BARRY ELDER		88	MM50+	M	01:20:42	01:20:27
128	39	IAN HAYTER		133	MAIi Ages	M	01:20:42	01:20:34

Overall Pos	Cat Pos	Name	Team	RaceNo	Category	Gender	Time	Chip Time
129	40	ALAN FINDLAY	BISHOP'S STORTFORD RC	452	MM40+	M	01:20:45	01:20:30
130	25	PETER AYLING	HARLOW RC	10	MM50+	M	01:20:47	01:20:33
131	5	IAN MCCLYMONT	BISHOP'S STORTFORD RC	212	MM60+	M	01:21:00	01:20:51
132	7	KAVITA GOOCH		112	FF45+	F	01:21:03	01:20:48
133	40	CHRIS LEADBEATER		187	MAIi Ages	M	01:21:10	01:20:55
134	8	JULIE ROBINSON	ORION HARRIERS	425	FF45+	F	01:21:26	01:21:11
135	6	THOMAS REYNOLDS		428	MM60+	M	01:21:29	01:21:20
136	9	MARIA CHALK		48	FF35+	F	01:21:36	01:21:07
137	41	TAYLOR WILSON	MPAA	438	MM40+	M	01:21:38	01:21:29
138	41	JAMES REID	WARE JOGGERS	266	MAIi Ages	M	01:21:40	01:21:25
139	42	NIGEL KIBLER		176	MAIi Ages	M	01:21:47	01:21:32
140	10	JO THOMPSON		320	FF35+	F	01:21:55	01:21:40
141	43	JASON CHAMPION	BROXBOURNE RUNNERS	50	MAIi Ages	M	01:22:00	01:21:43
142	44	ROBIN CHAPPLE		52	MAIi Ages	M	01:22:03	01:21:52
143	11	BEVERLEY MCLEES		214	FF35+	F	01:22:03	01:21:42
144	12	JOANNE COLEMAN	DAVID LLOYD	57	FF35+	F	01:22:06	01:21:45
145	7	JOHN BAKER	BISHOP'S STORTFORD RC	13	MM60+	M	01:22:18	01:22:09
146	2	SHIRLEY BALL	BISHOP'S STORTFORD RC	16	FF55+	F	01:22:29	01:22:21
147	42	RICHARD SHEFFIELD		434	MM40+	M	01:22:29	01:22:09
148	26	PASCAL MCMANMON	WARE JOGGERS	215	MM50+	M	01:22:58	01:22:41
149	45	DANIEL HAWKING		132	MAIi Ages	M	01:23:07	01:22:53
150	13	NICHOLA KAY	BROXBOURNE RUNNERS	170	FF35+	F	01:23:10	01:22:53
151	9	JANE NICHOLLS	BROXBOURNE RUNNERS	236	FF45+	F	01:23:10	01:22:49
152	43	ROB SKELTON		418	MM40+	M	01:23:13	01:22:54
153	44	JOHAN PREIS	GARDEN CITY RUNNERS	258	MM40+	M	01:23:16	01:22:56
154	8	LIAM EPLETT	GARDEN CITY RUNNERS	94	MM60+	M	01:23:18	01:22:58
155	46	GARY BEESTON	BENFLEET RC	25	MAIi Ages	M	01:23:21	01:23:02
156	14	RACHAEL LITTLE		194	FF35+	F	01:23:39	01:23:21
157	47	DAVID O'NEILL	ST ALBANS STRIDERS	240	MAIi Ages	M	01:23:50	01:23:33
158	48	DARRELL OSBORNE		241	MAIi Ages	M	01:23:52	01:23:37
159	49	STUART SALT		282	MAIi Ages	M	01:23:53	01:23:42
160	45	PAUL HART	TRENT PARK	129	MM40+	M	01:24:05	01:23:50
161	15	LINDSAY MELLING		218	FF35+	F	01:24:12	01:23:48
162	50	COLIN ALABASTER	WARE JOGGERS	2	MAIi Ages	M	01:24:19	01:24:05
163	16	JANICE PAGE	HARLOW RC	245	FF35+	F	01:24:34	01:24:20
164	46	DAVID PAGE	HARLOW RC	246	MM40+	M	01:24:34	01:24:20
165	47	RICHARD BANNISTER		466	MM40+	M	01:24:41	01:24:31
166	27	PETER COWLEY		417	MM50+	M	01:24:51	01:24:45
167	9	PETER WENZEL	BISHOP'S STORTFORD RC	329	MM60+	M	01:25:17	01:25:08
168	51	FRASER MUNRO		230	MAIi Ages	M	01:25:19	01:25:07
169	10	PETER CLEGG		56	MM60+	M	01:25:23	01:25:00
170	52	PAUL LISTER		193	MAIi Ages	M	01:25:32	01:25:17
171	17	HELEN PLUMLEY		448	FF35+	F	01:25:37	01:25:23
172	48	ANTHONY FITZGERALD	FETCH EVERYONE RC	100	MM40+	M	01:25:42	01:25:27
173	10	HARRIET WYATT	BISHOP'S STORTFORD RC	343	FF45+	F	01:26:07	01:25:58
174	49	JOANNE CORPE		62	MM40+	M	01:26:15	01:25:52
175	50	LEE PROWSE	GRANGE FARM & DUNMOW RUNNERS	261	MM40+	M	01:26:15	01:26:04
176	53	STEPHEN POCOCK	NYRR	255	MAIi Ages	M	01:26:18	01:26:03
177	28	ROBERT WADDINGHAM	WARE JOGGERS	324	MM50+	M	01:26:20	01:26:01
178	54	PHIL CHATMAN		53	MAIi Ages	M	01:26:33	01:26:09
179	11	DAVE GREENHAM	HAVERHILL RUNNING CLUB	420	MM60+	M	01:26:47	01:26:39
180	8	SAIRA KARIM	BISHOP'S STORTFORD RC	168	FAIi Ages	F	01:26:53	01:26:38
181	55	SIMON LAIT	WARE JOGGERS	183	MAIi Ages	M	01:26:54	01:26:39
182	12	IAN BAKER		14	MM60+	M	01:27:07	01:26:50
183	56	STEVE KING		348	MAIi Ages	M	01:27:07	01:26:52
184	51	GOODMAN	BIGGLESWADE AC	450	MM40+	M	01:27:10	01:26:55
185	57	BEN GREENE		120	MAIi Ages	M	01:27:19	01:27:05
186	52	HOWARD KNIGHT		181	MM40+	M	01:27:19	01:27:04
187	18	TRUDY LYNCH	BISHOP'S STORTFORD RC	202	FF35+	F	01:27:25	01:27:07
188	19	ANNA SIMPSON	FAIRLANDS VALLEY SPARTANS	299	FF35+	F	01:27:33	01:27:18
189	58	ROB SAUNDERS	WARE JOGGERS	283	MAIi Ages	M	01:27:34	01:27:19
190	9	ZOE COOK	BROXBOURNE RUNNERS	59	FAIi Ages	F	01:27:45	01:27:30
191	20	SUE ALBISTON	BISHOP'S STORTFORD RC	451	FF35+	F	01:27:48	01:27:33
192	29	MARK BLANCHARD	WARE JOGGERS	33	MM50+	M	01:27:50	01:27:33
193	53	COLIN GRACE	WARE JOGGERS	115	MM40+	M	01:27:51	01:27:33
194	54	WAYNE AYLOTT	GARDEN CITY RUNNERS	11	MM40+	M	01:27:54	01:27:49

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195	55	HUGH BRADY	LONDON HEATHSIDE	37	MM40+	M	01:27:54	01:27:33
196	21	RAFAELE LAMOUR	MORNINGTON CHASERS	184	FF35+	F	01:28:00	01:27:51
197	56	ANDY JAY	FAIRLANDS VALLEY SPARTANS	162	MM40+	M	01:28:01	01:27:46
198	10	KAREN COUZINS	ALLENBURYS	63	FAIi Ages	F	01:28:17	01:27:59
199	22	CLAIRE FLACK		102	FF35+	F	01:28:20	01:28:00
200	59	RICHARD EARL	WARE JOGGERS	85	MAIi Ages	M	01:28:43	01:28:26
201	57	MARTIN LUMSDEN		199	MM40+	M	01:28:46	01:28:28
202	60	PAUL MIDDLETON		219	MAIi Ages	M	01:28:49	01:28:37
203	58	STEPHEN KANE	ST ALBANS STRIDERS	167	MM40+	M	01:28:55	01:28:34
204	11	JUDE MANSER	WARE JOGGERS	209	FF45+	F	01:29:04	01:28:49
205	59	DAVID HEMINGWAY		138	MM40+	M	01:29:06	01:28:55
206	60	PAUL BROOKS	LUTON AC	443	MM40+	M	01:29:12	01:28:52
207	11	NICOLE HOBBS	DAVID LLOYD	148	FAIi Ages	F	01:29:21	01:28:58
208	61	JON SCARISBRICK		285	MM40+	M	01:29:32	01:29:06
209	61	STEVEN BAXTER		22	MAIi Ages	M	01:29:39	01:29:19
210	23	KIMBERLEY MANGELSHOT	WARE JOGGERS	207	FF35+	F	01:29:51	01:29:26
211	62	CHRIS SHELDRIK		293	MM40+	M	01:29:56	01:29:30
212	24	DAWN ALDRIDGE	DAVID LLOYD	3	FF35+	F	01:30:05	01:29:46
213	63	MIKE SUCKLING		311	MM40+	M	01:30:05	01:30:05
214	12	KAREN LEAVENS		188	FF45+	F	01:30:07	01:29:49
215	64	DAVID GRIDLEY	HAVERING 90	464	MM40+	M	01:30:14	01:30:03
216	62	CHRISTOPHER HOLT		151	MAIi Ages	M	01:30:39	01:30:14
217	63	MARTIN SMITH		301	MAIi Ages	M	01:30:49	01:30:24
218	64	PHIL ROUGH		272	MAIi Ages	M	01:31:03	01:30:43
219	12	ALISON GIBSON	WARE JOGGERS	108	FAIi Ages	F	01:31:06	01:30:49
220	13	CAROLINE CUMMINS	DAGENHAM88RUNNERS	67	FF45+	F	01:31:24	01:31:04
221	65	IAN CUMMINS	DAGENHAM88RUNNERS	68	MM40+	M	01:31:24	01:31:04
222	13	LAURA NASTRI	WARE JOGGERS	234	FAIi Ages	F	01:31:26	01:30:58
223	30	CHRIS HILL	HALSTEAD ROAD RUNNERS	141	MM50+	M	01:31:33	01:31:09
224	65	ANDREW MALES		206	MAIi Ages	M	01:31:40	01:31:22
225	13	RON LUCK	HARLOW RC	401	MM60+	M	01:31:41	01:31:36
226	31	RICHARD BARKER	SPRINGFIELD STRIDERS	18	MM50+	M	01:31:49	01:31:21
227	66	KARL WALSH	WARE JOGGERS	326	MAIi Ages	M	01:31:57	01:31:28
228	25	SARAH HOWARD	WARE JOGGERS	154	FF35+	F	01:31:58	01:31:33
229	66	MARK COUZINS	ALLENBURYS	64	MM40+	M	01:32:08	01:31:45
230	3	SANDRA RICHARDSON	GARDEN CITY RUNNERS	267	FF55+	F	01:32:14	01:31:49
231	14	RICHARD WHITING	HERTS PHOENIX AC	332	MM60+	M	01:32:22	01:31:57
232	67	CHRIS JOHNSON	SWEATSHOP	444	MAIi Ages	M	01:32:28	01:32:09
233	68	MATTHEW CORKER		61	MAIi Ages	M	01:32:30	01:32:03
234	1	PAULINE LYGO	BARNET & DISTRICT AC	201	FF65+	F	01:32:36	01:32:17
235	67	CARL RIDOUT		269	MM40+	M	01:32:40	01:32:21
236	26	F DURRANT		441	FF35+	F	01:32:50	01:32:31
237	14	GEMMA KIRKHAM		179	FAIi Ages	F	01:33:03	01:32:43
238	15	KRISTINA LOHMAR		197	FAIi Ages	F	01:33:09	01:32:58
239	16	JOANNE HART	WARE JOGGERS	128	FAIi Ages	F	01:33:15	01:33:03
240	27	HELEN HUMPHRIES	WARE JOGGERS	346	FF35+	F	01:33:18	01:32:58
241	32	G BARNETT	BARNET & DISTRICT AC	21	MM50+	M	01:33:21	01:32:58
242	17	PAULA HOLT		152	FAIi Ages	F	01:33:29	01:33:08
243	18	CAROLINE BARNETT		20	FAIi Ages	F	01:33:36	01:33:15
244	4	KAREN MOIR	HARLOW RC	220	FF55+	F	01:33:36	01:33:15
245	28	NICOLA REES		439	FF35+	F	01:33:41	01:33:24
246	33	PETER ALLEN	BISHOP'S STORTFORD RC	5	MM50+	M	01:33:42	01:33:21
247	34	ROBERT DAVIES		71	MM50+	M	01:34:04	01:33:44
248	29	LIZ SIMMONDS	BEDFORD HARRIERS	298	FF35+	F	01:34:10	01:33:56
249	5	JANE MOLLOY	WATFORD JOGGERS	221	FF55+	F	01:34:11	01:33:50
250	30	CHRISTY VAN MAANENBERG		462	FF35+	F	01:34:14	01:33:53
251	14	JANE FAIK	DAVID LLOYD	98	FF45+	F	01:34:34	01:34:13
252	15	JANET HOBBS	DAVID LLOYD	147	FF45+	F	01:34:34	01:34:13
253	1	ANTHONY HAMILTON	BARNET & DISTRICT AC	126	MM70+	M	01:34:38	01:34:14
254	31	KATE LIDDIARD	WARE JOGGERS	190	FF35+	F	01:34:40	01:34:19
255	32	MICHALA DRAKE	ORION HARRIERS	79	FF35+	F	01:34:42	01:34:28
256	68	PETER BYRD		407	MM40+	M	01:34:49	01:34:34
257	19	LAURA SIMMONDS	GARDEN CITY RUNNERS	297	FAIi Ages	F	01:35:01	01:34:39
258	69	JAMES KAVANAGH		169	MAIi Ages	M	01:35:22	01:35:01
259	69	MARK WINES		446	MM40+	M	01:35:24	01:35:02
260	15	TRACE ALLEN	GARDEN CITY RUNNERS	405	MM60+	M	01:35:30	01:35:13

Overall Pos	Cat Pos	Name	Team	RaceNo	Category	Gender	Time	Chip Time
261	20	SAMANTHA SMITH		304	FAI1 Ages	F	01:35:33	01:35:09
262	70	PHIL HUMPHREYS		456	MAI1 Ages	M	01:35:35	01:35:15
263	71	NEIL GARTON		106	MAI1 Ages	M	01:35:50	01:35:30
264	16	CLIFF MOORE		223	MM60+	M	01:35:53	01:35:42
265	16	SAM ROWE	WARE JOGGERS	274	FF45+	F	01:35:59	01:35:45
266	33	HELEN GODGUON		406	FF35+	F	01:35:59	01:35:44
267	17	IAN PRITCHARD		260	MM60+	M	01:36:08	01:36:00
268	17	ANN MICHAELS		410	FF45+	F	01:36:11	01:35:53
269	34	ELEANOR COWAN	BISHOP'S STORTFORD RC	65	FF35+	F	01:36:14	01:36:03
270	70	STEPHEN SMITH		306	MM40+	M	01:36:31	01:36:09
271	72	MIKE WOODROW		341	MAI1 Ages	M	01:36:33	01:36:12
272	18	EMMA NIXON	BISHOP'S STORTFORD RC	457	FF45+	F	01:36:46	01:36:34
273	35	MICHELE TEAGLE	DAVID LLOYD	315	FF35+	F	01:36:52	01:36:29
274	35	NICK GILROY		110	MM50+	M	01:37:12	01:36:46
275	73	PAUL WEEKES		327	MAI1 Ages	M	01:37:22	01:37:04
276	21	SARAH WHITSON	VEGAN RUNNERS	333	FAI1 Ages	F	01:37:24	01:37:04
277	18	PAUL LUTON	WARE JOGGERS	200	MM60+	M	01:37:42	01:37:16
278	36	PAUL BLAKE		455	MM50+	M	01:37:51	01:37:28
279	36	JULIE KEEN		429	FF35+	F	01:38:11	01:37:48
280	37	MELISSA INGRAM		430	FF35+	F	01:38:11	01:37:48
281	19	CAROL HILL	HALSTEAD ROAD RUNNERS	142	FF45+	F	01:38:32	01:38:06
282	38	LAINY TAVERNER		442	FF35+	F	01:38:33	01:38:10
283	6	GAIL BARKER	SPRINGFIELD STRIDERS	19	FF55+	F	01:38:42	01:38:19
284	20	LINDSAY BROWN		42	FF45+	F	01:38:44	01:38:21
		KEITH PIRIE		253		M	01:38:44	01:38:21
285	37	IAN KEMP		173	MM50+	M	01:38:44	01:38:17
286	21	LOUISE SMITH	GARDEN CITY RUNNERS	302	FF45+	F	01:38:44	01:38:21
287	71	IAN GLASSCOCK		469	MM40+	M	01:38:44	01:38:21
288	22	DAWN CLARK		459	FF45+	F	01:38:47	01:38:21
289	23	CATH GOLDER		409	FF45+	F	01:38:59	01:38:42
		GRAEME McTAIT		217		M	01:39:20	01:39:20
290	39	DANIA HEATH	FAIRLANDS VALLEY SPARTANS	136	FF35+	F	01:39:37	01:39:14
291	40	LISA SHORT		295	FF35+	F	01:39:46	01:39:31
292	24	NICOLA BELL		28	FF45+	F	01:39:49	01:39:23
293	74	SIMON WILLIAMS		336	MAI1 Ages	M	01:40:01	01:39:44
294	75	MIKE KIDGER		177	MAI1 Ages	M	01:40:10	01:39:59
295	2	KEITH RUSTON	PITSEA RC	278	MM70+	M	01:40:19	01:39:55
296	25	JAN GOODEVE		114	FF45+	F	01:40:20	01:40:20
297	72	KEVAN BACK	GARDEN CITY RUNNERS	460	MM40+	M	01:40:22	01:39:56
298	26	PAM GOODAIR		113	FF45+	F	01:41:06	01:40:42
299	22	KAREN BRADSHAW	WARE JOGGERS	36	FAI1 Ages	F	01:41:12	01:40:48
300	7	DEBBIE ALLAN	WARE JOGGERS	4	FF55+	F	01:41:18	01:40:54
301	23	RACHEL SYMONDS	WARE JOGGERS	313	FAI1 Ages	F	01:41:28	01:41:28
302	19	MICK NICKOLL	WARE JOGGERS	447	MM60+	M	01:41:33	01:41:04
303	38	STEVEN REMER		453	MM50+	M	01:41:42	01:41:19
304	24	JOY HALE		422	FAI1 Ages	F	01:41:51	01:41:27
305	25	LUCY PAUL	GARDEN CITY RUNNERS	249	FAI1 Ages	F	01:42:27	01:42:03
306	26	ANGELA LITTLE	WARE JOGGERS	195	FAI1 Ages	F	01:42:32	01:42:06
307	76	KRIS PRINGLE		259	MAI1 Ages	M	01:42:32	01:42:07
308	73	DAVID BLAKEY	DAVID BLAKEY	32	MM40+	M	01:42:33	01:42:07
309	41	JENNY MOONEY		222	FF35+	F	01:42:33	01:42:07
310	42	ANDREA VICKERS		323	FF35+	F	01:42:51	01:42:24
311	74	JONATHAN BELL		27	MM40+	M	01:43:00	01:42:33
312	43	PAULA SHEPPERD		403	FF35+	F	01:43:53	01:43:29
313	44	MONICA WHITE	ALLENBURYS	330	FF35+	F	01:44:17	01:43:54
314	45	RUTH MURTAGH	FAIRLANDS VALLEY SPARTANS	232	FF35+	F	01:45:05	01:44:40
315	46	CLAIRE O'SULLIVAN		244	FF35+	F	01:45:08	01:44:43
316	27	LORAIN CLANCY		54	FF45+	F	01:45:29	01:45:04
317	28	MARIANNE SILSBY	FAIRLANDS VALLEY SPARTANS	296	FF45+	F	01:45:35	01:45:09
318	47	ANGELA SCHOLTZOVA	GARDEN CITY RUNNERS	286	FF35+	F	01:45:56	01:45:36
319	48	MELISSIA HUDD	BROXBORNE RUNNERS	155	FF35+	F	01:46:54	01:46:37
320	49	KERRY SETTERFIELD	FAIRLANDS VALLEY SPARTANS	288	FF35+	F	01:48:03	01:47:37
		MICHAEL TAYLOR		314		M	01:48:00	01:48:00
321	27	ALEX MCSLOY		411	FAI1 Ages	F	01:48:35	01:48:08
322	28	RUTH KERR	VICTORIA PARK HARRIERS	175	FAI1 Ages	F	01:48:42	01:48:22
323	50	SARAH SMITH		303	FF35+	F	01:49:25	01:49:05

Overall Pos	Cat Pos	Name	Team	RaceNo	Category	Gender	Time	Chip Time
324	8	MAGS BALFOUR	WARE JOGGERS	15	FF55+	F	01:49:39	01:49:19
325	29	ANN GILMORE		109	FF45+	F	01:49:49	01:49:29
326	9	MARY JENNINGS		440	FF55+	F	01:49:51	01:49:32
327	75	ALAN HAZELHURST		135	MM40+	M	01:50:15	01:49:54
328	39	MICHAEL THACKER	WARE JOGGERS	317	MM50+	M	01:51:32	01:51:03
329	10	ANNIE THOMAS	WARE JOGGERS	319	FF55+	F	01:55:04	01:54:44
		NICK HAWKES				M	01:54:19	01:54:19
330	30	ANGIE LENCH		419	FF45+	F	01:55:04	01:54:43
331	31	ROS HITCHEN	WARE JOGGERS	146	FF45+	F	01:57:27	01:57:07
332	29	NINA HELMES		137	FAll Ages	F	02:03:06	02:02:54