



THE NEW WARE 10

SUNDAY OCTOBER 16th 2011

10:30 a.m



All Profits to:
Herts Air Ambulance

1. COURSE:

Two laps of a mainly flat and traffic free course to be run across trails and parkland surrounding Ware. There will be distance markers at each mile and a water station at the 5 mile mark. A course map is available at www.ware-joggers.co.uk.

2. START:

The start will be from the GlaxoSmithKline Cricket Ground, Park Road, Ware SG12 0DP at 10:30 a.m. During race KEEP LEFT where possible, or follow signs and directions of the marshals.

3. ENTRIES:

Entries are now open. Postal entries should be sent to: The Race Secretary, 13 Evergreen Road, Ware, Hertfordshire SG12 7JJ. The closing date for postal entries is 2nd October, 2011. Race Numbers and Timing Chips will be issued at the event on the day. Entry on the day will be available (subject to the race limit of 500). Online entry is available at runnersworld.co.uk. Runners must be over 18, and apologies but the race is not suitable for wheelchair users'

4. OFFICIAL NUMBERS:

These must be worn on the chest of each competitor for the duration of the event. Any competitor not wearing an official number will be disqualified, as will any competitor "swapping" numbers. Numbers must not be folded, cut or mutilated.

5. NO DOGS OR BICYCLES:

6. ENTRY FEE:

The pre-entry fee is £13 for affiliated runners and £15 for non-affiliated runners. On the day entry fee is £15/£17 respectively. Cheques and postal orders payable to Ware Joggers. Please do not send cash. NO REFUNDS given.

7. CHANGING FACILITIES:

There will be tented changing facilities. Sorry, no showers available. Baggage can be left at the competitor's risk at supervised storage.

8. CAR PARKING AND ARRIVAL:

There is ample free parking adjacent to the Cricket Ground. Please allow 30 minutes before the start of the race to collect your Race Number and Timing Chip'

9. FINISH:

After crossing the finish line competitors must continue through the roped "funnels". Do not stop or return over the finish line.

10. CHIP TIMING AND RESULTS:

Accurate race timing will be assured through chip timing. Full details of finishers and winners will be posted on the club website (www.ware-joggers.co.uk).

11. ENTRY CONFIRMATION:

Email confirmation of race entry will be sent where applicable. If you require written confirmation then please enclose a stamped addressed envelope with your application.

RACE APPLICATION FORM

PLEASE PRINT DETAILS AND COMPLETE ALL QUESTIONS

Name: _____

Male: Female:

Address: _____

Postcode: _____

Date of Birth: ___ / ___ / ___

Affiliated to UKA? Yes No Reg No. _____

Club / Unattached: _____

E-MAIL: _____

Tel: _____

PRIZES:

Men: 1st, 2nd and 3rd, 1st 40+, 1st 50+, 1st 60+, 1st 70+

Ladies: 1st, 2nd and 3rd, 1st 35+, 1st 45+, 1st 55+, 1st 65+

Team:

1st Mens' team and 1st Ladies' team (3 to score)

(The Team Prizes will awarded based on pre-entries only)

T- Shirt for all finishers

T-Shirt sizes: S M L XL

A signed entry form will be considered as an acceptance of governing body rules and a declaration that you will compete on foot and run entirely at your own risk and understand that the organizers will in no way be held responsible for any injury, illness, or loss of property incurred as a result of the event.

I am an amateur as defined by UK Athletics rules.

Signed: _____

Date: _____

Age on race day: _____

Race permit No. T.B.A.

If you require written confirmation of entry then please enclose a stamped addressed envelope with your application.